



SERMON TITLE: "WE HIT WHAT WE AIM FOR"

PRIMARY SCRIPTURE: ROMANS 6

Summary: This study is about how God helps us change. We learn that because of Jesus, we don't have to be controlled by the bad things we used to do. We can live every day with a good purpose.

Key Takeaways:

1. **Aim for a New Start:** When Jesus died and rose again, our "old self" died too. You are not a slave to your mistakes anymore. Act like you are free! (Romans 6:6-7)
2. **Aim to Choose Right:** We get to choose who we obey. Every day, ask yourself: "Am I following my own bad habits, or am I following God?" Give your body to God to do good things. (Romans 6:13)
3. **Aim for the Best Result:** Life is short, like a "morning fog." Bad choices lead to shame and death, but following God leads to a clean life and living with Him forever. (James 4:14; Romans 6:23)

Section 1: Getting Started (Priming the Pump)

Reflective Question: Think of a time you tried to throw a ball or hit a target and missed. What usually makes us lose our focus in real life?

1: Observation (What does it say?)

- a. Why was our "old sinful self" nailed to the cross with Jesus? (Romans 6:6)
- b. What are the two different ways we can use our bodies? (Romans 6:13)
- c. What is the difference between the "wages" (pay) of sin and the "gift" of God? (Romans 6:23)

Section 2: Digging Deeper (Theological Study)

2: Interpretation (What does it mean?)

- a. Paul says we were "buried" with Jesus. Why is that a good way to describe starting a new life? (Romans 6:4)
- b. What does it mean to be an "instrument" for God? If you were a tool in God's hands, what would He use you to do? (Romans 6:13)
- c. How does knowing that life is short like a "morning fog" help you pick what is most important today? (James 4:14)
- d. How does having "Christ live in you" make it easier to stay away from bad choices? (Galatians 2:20)

NEW HOPE LIFE GROUPS
DISCUSSION GUIDE

Section 3: Let's Get Practical (Life Application)

3: Application (How does it change me?): Is there one part of your life that isn't following God's plan? What is one simple thing you can do this week to point that part of your life back toward Him?

Action/Prayer:

Pick one thing you use every day (like your voice, your hands, or your phone). Pray this simple prayer: *"Lord, I give this part of my life to You today. Use it to do good things and help me follow Your lead."*

New Hope LG Resources

